

OFFICIAL LANGUAGES DIVISION, CIVIL SERVICE BUREAU

## SARTORIAL Elegance

The little black dress worn by Audrey Hepburn in *Breakfast at Tiffany's* in 1961 is perhaps the most famous black dress in the history of fashion. The actress matched it with a pearl choker and a tiara, defining sartorial elegance for women. Popularised by Hepburn, the dress has passed the test of time and is still an item in many women's wardrobes. What is its magic? The answer is: simplicity.

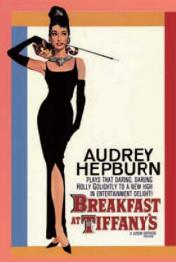
Simplicity gives people more room to create their own style. Not everyone is born with a perfect figure and can carry off whatever style they please. While bodyhugging clothes are not for stout people, long boots may make a short person shorter and squatter. A simple black dress, however, always makes one look chic and attractive. Black, with its subtlety, brings out the best of a person's silhouette.

Unlike the little black dress, most fashion items are ephemeral. The 1960s showcased the trend of mini-skirts and go-go boots. In the 1970s, with the spread of the disco craze, bell-bottom pants and platform shoes took centre stage. Outfits with big shoulder pads were a major fashion statement in the 1980s. Harem pants have been very popular with young people in recent years. Fashion trends come and go. But interestingly, there are still many people who try hard to keep up with the latest fashion trends. Why?

In the eyes of some moralists, it is sheer vanity that drives many women and some men to blindly follow the trends. Fashion conscious people are shallow and only want to stand out by dressing differently. Certainly, there is a grain of truth in this view. But haven't those moralists failed to understand the psychological comfort that beautiful clothes give?

Fashion makes people happy. Although clothes do not make us who we are, they do affect the way we feel about ourselves. With the magic wand of fashion, everyone can look gorgeous without being gorgeous. Most men look good in a well-cut suit that can accentuate their best attributes. A sleek pinkish cardigan matched with a light grey one-piece dress may give women a demure look and a rosy complexion. A well-chosen outfit that fits your body and personality will certainly give you a boost in confidence.

We all feel more comfortable with wearing something that reflects the times in which we live. Before the



emergence of low-rise jeans, high-rise jeans reigned supreme in the 1970s. But today, you will look odd if the waistband of your jeans is inches above your belly button. Although it is said that high-rise jeans are making a comeback, not many would have the confidence to wear them in the street. Admit it or not, we are following the trends without knowing it.

Nevertheless, we will fall victim to fashion if we are obsessed with such fleeting trends. Fashion takes no prisoners. Love it or loathe it, you have to shed a few pounds before you can squeeze yourself into a trendy super-tight pencil skirt. If sixinch high heels are a must-have item for the current season, you will have to bear the risk of spraining your ankles. Should you choose to go that far, then you have become

a slave to the trend, as some moralists would rightly suggest.

Don't be a fashion victim. The joy of wearing beautiful clothes comes not only from what you put on, but also from how you present yourself to others through clothes. Follow what you think works, set your own trend, be wild or be conservative as you like. Also, don't be afraid of making fashion mistakes. If you are bold enough, a bright green blouse can go perfectly well with an orange skirt. If you do not want to look totally out of place, like someone from Mars, you may choose some trendy items that suit you most. But never be a blind follower. Wear what you want.

Elegance, be it in a classy or trendy style, is what many of us want to pursue. In Jean-Paul Gaultier's words, "elegance is a question of personality, more than one's clothing." It is a myth that only goodlooking people or those who can afford expensive clothes can look elegant. In fact, we can all become elegant. A voluntary worker looks radiant in a black tee and jeans when he or she is doling out hot meals to lonely tramps on the street. A father wearing a blue or white polo shirt and khaki pants looks equally charming when he is happily carrying his kid on his back. Elegance comes from within.



Fashions fade, style is eternal.

Yves Saint Laurent

# **美**

#### 形神似備氣韻生重

著名畫家徐悲鴻擅長畫馬。他筆下的馬千姿百態,無論是奔馬、立馬、羣馬都栩栩如生,驍勇矯健。

徐悲鴻所畫的馬造型駿逸,講求比例勾稱。他用 簡單的線條勾畫馬的形態,以飽酣的重墨、豪邁的筆 勢畫出馬的勁健和慓悍,充分展現國畫的筆墨美。

國畫之美在於意境神韻。南齊畫家謝赫在《古畫品錄》中說,最高境界的畫"氣韻生動",透現畫中人物的內涵和靈魂。唐代畫家張彥遠指,畫作"若氣韻不周,空陳形似",則非妙品。徐悲鴻的馬形神俱備,在荒野奔馳或佇立風中眺望柳岸的自不待言,即使在河畔渴飲或流連於草原的都生氣勃勃。"畫馬難畫骨",徐悲鴻不僅畫出了馬的骨格,更畫出了馬的神氣,筆法奔放而不狂妄,精細而不瑣屑,激情澎湃,氣勢磅礴。

徐悲鴻留學法國,畫風深受西畫影響,強調物象的光影明暗。在國畫創作上,他提倡"古法之佳者守之,垂絕者繼之",盡量保留國畫傳統精粹,並主張"不佳者改之,未足者增之",順應時代,引入西方繪畫技術,為國畫另闢新途,精益求精,集中西畫之大成。

在國畫《九方皋》中,徐悲鴻融入了西畫的造型 手法。雖然畫法仍以線條為主,但借用了西方寫實的 素描手法塑造人物。畫中的牽馬人于思滿面,身軀壯



碩,前胸、四肢的肌肉紋理清晰可見。徐悲鴻把幹粗活漢子的形象,刻畫得入木三分。畫中央的黑馬線條明確,挺拔俊美,在相馬人九方皋面前,像通了靈般,因遇到伯樂而發出快樂的嘶鳴,騰空揚蹄,神態活靈活現,躍然紙上。徐悲鴻把中西繪畫技法糅合,天衣無縫,筆法張弛有度,布局獨具匠心。

具感染力的畫不僅形神俱似,還能觸動人心。徐 悲鴻作畫,往往把自己的個性和抱負寄寓其中。《九方 皋》中的馬,除了在相馬人前的那匹繫有韁繩外,其 餘既無籠轡也無鞍蹬,無拘無束,反映出他熱愛自由 的精神。《奔馬圖》是徐悲鴻在抗日戰爭期間的創作。 當時人民生活艱苦,顛沛流離,他畫了一匹奔騰馳騁 的駿馬,藉以抒發心中愛國憂世之情。

藝術家透過客觀形象表達主觀情感,以顯現藝術之美。徐悲鴻的馬熱情奔放,豪邁不羈,深刻表達出繪畫人內心的激情。畫家情操高尚,在作品中寄託的遠大理想迸發一股精神力量,鼓舞人們奮起前進。

Beauty is not in the face; beauty is a light in the heart.

Kahlil Gibran



### What a Colourful World!

Thanks to the Creator's artistic hand, we are living in a colourful world – the flowing blue rivers, the shimmering green fields, the golden yellow sunflowers and the crystal white snow. Colour makes life beautiful.

In summer, we are drawn by the purple splendour of blossoming lavender and lilac. In late autumn, streets are strewn with fallen leaves which come in a wide range of colours: mulberry, maple and salmon. On a bright clear day, we take a stroll under the azure sky. In choosing a birthday present for your friend, a saffron silk handkerchief could be a good choice. Most men do not like brightly coloured things. But a lemon yellow Lamborghini is an exception. A pearl white wedding gown is the dream of many would-bebrides and an ivory black bomber jacket a snatch-up item among guys.

Have you ever been late for work because you spent too much time matching clothes in front of the mirror? If you have, some basic knowledge in colour co-ordination may help you. Colours are like friends. Some work together and get along well while others always fight. Avoid mixing black and brown, or white and cream because they simply do not match. However, an outfit with lighter and darker shades of the same colour always gives a chic look. Dark green and light green, or navy blue and pale blue are stylish combinations.

The sparkle of life would be gone if this world were colourless: a monochromatic rainbow would appear after the rain; a shooting star would streak across the sky with an unnoticeable tail; shopping for clothes would no longer be fun, and many art stores would go out of business, though choosing a bouquet of flowers for your girlfriend on St. Valentine's Day would not cost you too much time.

Colour can brighten up our days. Yellow reminds us of the warmth of sunshine, and green, the colour of nature, is very pleasing to the eye. While red gives us energy and excitement, orange brings happiness. So, the next time you feel blue, spare a minute to look around, and life may be speaking to you through its colours.



## 春風拂檻露華濃

唐代絕色佳人楊貴妃婀娜多姿,嬌柔嫵媚,<mark>盡得萬</mark>千寵愛,低首回眸,深顰淺笑都使唐玄宗心醉,六宮粉黛黯然失色。據説,一日玄宗與楊貴妃在沉香亭觀賞牡丹,為討妃子嫣然一笑,急召翰林學士李白入宮賦詩讚美愛妃的花容月貌。詩仙寫下《清平調》三首,詩句如行雲流水,渾然天成,千古傳誦。

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雲想衣裳花想容,春風拂檻露華濃。 若非羣玉山頭見,會向瑤台月下逢。

第一首起句以比喻襯托手法形容楊貴妃的美態。貴妃的輕紗裙裾隨風擺動,像彩雲般飄逸;芙蓉粉臉,如花般嬌豔。春風吹拂,露珠在花瓣上滾動,晶瑩剔透,益顯牡丹色澤更濃,暗喻楊貴妃得蒙君王恩寵,格外豔冶迷人。詩人把貴妃比作天上仙女,詠嘆如此天姿國色,恐怕只有在蟾宮閬苑才得一見,人間又哪有幾回遇上。這首詩句法精妙,意境深遠,盡顯詩仙才華滿溢,鬼斧神工。

一枝紅豔露凝香,雲雨巫山枉斷腸。 借問漢宮誰得似,可憐飛燕倚新妝。 在第二首中,詩人讚美楊貴妃猶如一枝牡丹花,紅豔欲滴,聚露凝香。楚襄王思慕巫山神女,奈何仙凡相隔,悲傷斷腸也是枉然,其實神女又怎及貴妃香嬌玉嫩,丰姿綽約,還得成帝皇后趙飛燕雖是楚楚動人,還得倚仗新妝;貴妃麗質天成,即使不施脂粉,仍豔壓眾芳。詩人借古讚今,凸顯楊貴妃的千嬌百媚。



 $(\Xi)$ 

名花傾國兩相歡,常得君王帶笑看。 解釋春風無限恨,沉香亭北倚欄杆。

楊貴妃傾國傾城,牡丹花瑰姿豔逸,互相輝映,使君王陶醉不已。名花美人伴身旁,春風能解千愁,玄宗心裏的憂恨一掃而空。在沉香亭北,花在欄外,人倚欄杆,君王貴妃相偎相依,與花耳語,滿亭春色,實為風流雅事。

李白的詩歌想像奇瑰,意蘊無窮。這組詩歌為七言 絕句,構思精巧,以花詠人,以人比花,人花合一,詩 句華麗,字字濃豔,潑墨灑金,實為天下絕唱。



### An Unusual Pearl

When the conductor waves the baton, the Spring violin concerto begins. The soloists salute the season with birds' trills while the ensemble plays the soft murmurs of flowing brooks and warm breezes. Suddenly it erupts into a summer thunderstorm. Lightning flashes and hail pours down, destroying all the cornfields. Merriment returns as the peasants sing and dance cheerfully in celebration of a good harvest in autumn. Winter creeps in with the violin's snow flurries and pizzicato icy rain. Blasts of wind growl and howl, bringing the year to a sonorous finale. Never has

the cycle of nature been narrated more vividly in music than in Antonio Vivaldi's *The Four Seasons*. The polarity of sounds, varying texture and highly decorated melodies render this beautiful piece an epitome of Baroque music.

Derived from the Portuguese word "barroco" which means an "irregular pearl", "Baroque", a synonym for beauty in an elaborate manner, was the dominant style of European art in the 17th century. Taking a bold turn from Renaissance art which emphasised rationality, subtlety and balance, Baroque artists sought to engage the audience physically and emotionally through dynamism, dramatic effects and extravagance.

Baroque painting is a "theatre" showcasing the most intense human drama and emotions. In *The Return of the Prodigal Son*, Rembrandt van Rijn portrays a ragged young man kneeling before an old man wearing a scarlet cloak. Seeing his son return remorsefully after squandering his inheritance, the feeble father tenderly enfolds his shoulders, expressing his



forgiveness and immense fatherly love. With a strong contrast of light and shadow, and detailed depiction of the protagonists' gestures and facial expressions, Rembrandt powerfully presents this biblical story of homecoming and elicits the audience's empathy.

During the Baroque period, building finesse was brought to new heights. Francesco Borromini's *San Carlino alle Quattro Fontane* in Rome was a gem of the time. Audaciously innovative, Borromini pioneered a concave-convex façade

with rich embellishments and sinuous structures for the church. Supported by imposing Corinthian columns, the lower tier of the façade features ornate oval windows and statues of saints while the upper one highlights a crowning medallion adorned by two angels. Inside the church, the ceiling of the dome is another masterstroke of Borromini's. With hidden windows at its base, the white dome seems to be floating on the penetrating light, signifying celestial glory.

Translated into furniture and home design, the Baroque style in the 17th century was a display of exquisite craftsmanship. Today, the opulence of Baroque decor still survives, though in a more subdued manner. If you are going to perk up your minimalist home, why not consider adding a Modern Baroque chandelier or painting a wall with silvery Baroque patterns?





## 謙武有禮





陳教授清早回到辦公室,看見案頭放着一大籃水果,上有字條寫道:"聊表謝意,幸祈笑納。小張惠贈"。教授看見"惠贈"二字感到有點啼笑皆非。為何小張一番美意,教授會有這樣的反應?只因小張混淆了酬酢文書中常用的敬詞謙語。

我們有時會像小張一樣送贈謝禮。為 這些場合撰文, 遣詞用字務必小心斟酌, 慎用敬詞謙語, 使行文語氣和婉, 得體達 意, 以免像小張一樣, 見笑於人。

究竟小張錯在哪裏?"惠"是禮儀文書常用的敬詞,敬稱對方的行為是向自己施恩惠,例如"惠臨"、"惠允"、"惠顧",只能用於對方,不能用於己方。"惠贈"只限於敬稱別人之贈予,譬如收到別人的禮物,致謝函可以寫:"辱承惠贈,不勝銘感。"小張誤把"惠贈"這個敬詞用於己身,效果剛剛相反,應把"惠贈"改作"敬贈"才對。

饋贈的若是書刊、照片或紀念品,上 款可題"某某惠存",意謂敬請對方收下保 存,作為紀念。這種用法在日常生活中十分 常見。在不少診所或醫館中,贈予醫生的匾 額,上款大都題有"某某醫生惠存"數字。

送禮時我們常會請對方"笑納", 例如"謹奉薄禮,懇請笑納"。"笑 納"也是敬詞,不得用於己方,因此收

到禮物時不能説自己笑納。

若對人說"荷蒙厚肌", 意隆情,謹此笑納"改為 "謹致謝忱",也可以説 "遊致謝忱",也可以説 "乃荷隆情,惠 珍,受之有愧,卻 不恭。"

> 此外,上司收到 出席活動的邀請,我 們代擬覆函時,也須

注意敬詞謙語的運用。請看看以下覆 函擬稿有什麼問題:

局長已俯允擔任貴校畢業典 禮主禮嘉賓,定當撥冗光臨。

句中"俯允"、"撥冗"、"光臨"均為敬指,"俯允"用於由上對下的情況,敬指 新尊降貴,屈就應允;"撥冗"是指在百 忙中抽出時間;"光臨"則與"蒞臨"一個 敬詞用於己方,有妄自尊大之嫌, 宜改為"局長已答應擔任貴校畢 業內之為,是已答應擔任貴校畢 業內之,如改用於國,則非常合適,與禮主禮高數,則非常合適,例如: "本署新辦公大樓將於下月底落成之 用,如蒙俯允撥冗光臨,擔任主禮 馬名,定必生色不少。"

許多部門經常與內地官員交流互訪, 往來函件必須措詞得體。試看回覆應允到 訪部門的嘉賓,這樣說是否恰當?

> 承蒙李局長惠允來港拜訪本 署,定好初步行程後,即再 函聯絡。

"拜"含有恭敬之意,説別人"拜訪"自己 未免無禮,應改為"訪問"或"下訪"。"拜 訪"、"拜會"只適宜用於己身,例如:"由 於公務覊身,未能應邀前赴貴省參 加博覽會,希望日後有機會專誠拜 訪。"

"拜"、"敬"、"勞"、"煩"都是酬酢 書信常用敬詞,可配合不同動詞使用,請 託別人辦事,加上"拜託"、"敬請"、"有 勞"、"勞煩"等用語,都是禮貌的説法。

中國文化注重謙厚含蓄,敬詞謙語是 禮的表現,使用得宜,有助增進情誼,建 立良好關係。應用時應確切了解詞義和用 法,視乎對象,切合身分,不卑不亢,以 莊重得體為宜。

樸素而天下莫能與之爭美。

《莊子•天道》



#### 清雅柔美 風華絕代

追求時尚的人認為舊的東西落伍,不夠 時髦,但其實很多舊東西都很美,旗袍便是 一個好例子。

談到旗袍,總教人想起上世紀三四十年 代上海的十里洋場。華燈初上,白天擠得水 泄不通的霞飛路變得更熱鬧喧嚷。穿上各式 旗袍的婦女在大街上走過,粉白的臉龐擦上 胭脂,嘴唇塗了朱彤口紅,鬈曲的頭髮別了 閃亮的髮夾,有水鑽,有玳瑁,腳踏高跟 鞋,手挽別致的皮包,三數人巧步前行,時 而輕弄烏亮秀髮,時而發出銀鈴般的笑聲, 千姿百態,別具風韻。

不少文學作品的女主角都愛穿旗袍。白先勇筆下的 尹雪艷身段纖細,肌膚勝雪,臉容俏麗,穿上薄紗白旗 袍,即使淡掃娥眉,依然冷豔逼人,顛倒眾生。在夜巴 黎舞廳最後的一夜,舞國名花領班金兆麗一襲黑紗金絲 相間的緊身旗袍,梳了高髻,帶上金光閃閃的耳環項 鍊,穿梭於一眾尋芳客中,自有壓場的懾人氣派。昔日 崑曲名角藍田玉錢夫人到竇府作客,看見金蘭姊妹的旗 袍奼紫嫣紅,頓覺身上的墨綠杭綢旗袍給比下去,聽到



席中賓客唱起她的手本名曲《遊園驚夢》時, 腦海泛起串串記憶,千迴百轉,驚覺往事如煙,風光不再,回首夢已遠。

風華絕代的女士穿旗袍固然好看,青春少 艾的姑娘穿旗袍同樣迷人。舊時每逢春暖花開 時節,少女大都喜歡穿上淡藍或青灰的旗袍, 配上白色線衣,到郊外踏青或湖畔賞花,下雨 時會撐起一把油紙傘,在垂柳中穿行,散發出 清麗脱俗的古典風韻。一襲樸實無華的旗袍, 益顯她們清雅柔美,活潑可人。

氣質不同的女士穿旗袍的風姿各異。在一張照片中,作家張愛玲穿着一件色澤淡雅的碎花旗袍,昂首仰望,漠然面對紛庸俗世,孤高不羣,彷彿俗世一切浮華與她無關,紅塵中的悲喜都是多餘。她穿旗袍的美態與別不同,冷傲中帶着一點點蒼涼。

時至今日,除了特別場合,很少女士會穿旗袍。這種源於清代滿族女子服飾的衣裙,不但展現東方女性的輕盈體態,更顯出她們的娟秀溫婉。今天,女士穿上旗袍,總散發出一份不可言喻的懷舊美。



## Glitz & Glamour Catwalk

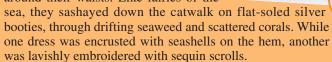
It was four thirty in the afternoon. A ready-to-wear fashion show for spring 2012 would kick-start in a warehouse in three hours. The humming sound of blow dryers echoed across the backstage dressing room as tall and slender girls had their hair styled. Make-up artists were brushing the lips of other girls and enhancing their eyeliner. Several girls still waiting to be made up were sitting in a corner, playing video games or listening to music on their iPods.

A photo chart showing the sequence of apparel to be presented was posted on the wall. Clothes were neatly arranged on large movable garment racks with numbers marked and accessories attached. Out there, a crew of technicians were checking the lighting equipment whilst another crew were fine-tuning the sound system. The designer of the collection walked around to see if any final touches should be added.



Fifteen minutes before the show. The warehouse, already transformed into a pure white sandy beach on a tropical island, was packed with fashion lovers. Journalists were doing interviews with celebrities in the starstudded front row. Backstage, the director gave his final instructions to the models standing in single file behind the curtain. The extravaganza was about to begin.

Amidst the sounds of slapping waves, the spring collection emerged. Statuesque girls with porcelain faces darted out in creamy white chiffon dresses with silky dark ribbons swaying around their waists. Like fairies of the



Dazzled by the beauty of the collection, the audience fixed their eyes on every model passing by while professional merchandisers busily marked down in their diaries the items they would consider buying. Flashlights kept flickering. Their attention was drawn to the highlight of the evening – an ivory white evening dress. Sophisticated and highly wearable, the dress was adorned with layers and layers of feathers in seaweed green. Accessorising it with a crystal bling purse, the designer gave extra glamour to the dress.

The sounds of slapping waves changed to soothing harp music. Rays of translucent green light beamed out from above. Dressed as sea nymphs, more than twenty girls wearing iridescent and shimmery dresses with a bluish sheen paraded down the catwalk gracefully as murmurs of adoration wafted through the warehouse. With loud applause, the show was brought to a spectacular end.







## Have You Added Me?



In a restaurant, a group of young people in their twenties keep flicking their fingers across the touchscreens of their smartphones during a dinner gathering without talking to each other. They laugh loudly when they see something interesting on the small screen. What are they doing? They are communicating with their friends – not with those around the table, but with someone on Facebook.

Facebook has become the latest fad in communication. Now most young people manage their social relationships through the site. Strangely, many Facebook users, like the group of young adults in the restaurant, only enjoy talking to people in the virtual world. Is it because in our Facebook account we can present ourselves with an edited and polished version of what is really going on in our lives? Is it because we can have the attention of others there? Or is it because we can pry into others' personal lives? Whatever the reason, Facebook cannot and should not replace real-life social interactions. A frowning face or a gentle touch tells a different story.

Nevertheless, Facebook has its value. It has connected people all over the world, and now family and friends are just a click away. If you want to look for a long lost friend, log onto Facebook, which will very often give you surprises. Stories of happy reunion through the site are heard from time to time. Had Facebook

been created before World War II, perhaps there would not have been so many heart-wrenching tragedies of separation caused by the war.

Facebook has also cut much of the hassle in organising events for our family and friends. In the past, throwing a party meant sending invitation cards to our guests one by one.



With the advent of email, we save this trouble by sending one invitation message only. But still, reading our guests' replies and counting the number of participants is tiring. Now on Facebook, we can simply press the "Invite All" button to announce the party. Clicking into the event page, we know when and where the party will be held, and who will come and who will not.

Be it for keeping in touch or whiling away the hours, we have to admit that Facebook is now an integral part of our lives. Like someone without a mobile phone, we are a rare soul if we do not have a Facebook account today. Maybe, one day when we are in a hurry and bump into a friend we have not seen for a long time, he or she will ask, "Have you added me? Let's chat on Facebook tonight."

#### 妙筆牛芷

不少人寫作時都感到吃力,搜索枯腸,仍然不知如何下筆才好。要文章寫得好別無他法,只有多讀、多寫才會得心應手,揮灑自如。

遣詞用字是寫文章重要的一環。成語言簡意 賅,多源於歷史故事和寓言,運用得宜,會令文章 生色不少。譬如形容天籟之音,適用的成語俯拾即 是。請看以下句子:

這場音樂會十分精彩,樂曲音韻悠揚, 流魚出聽,獨唱女高音的歌聲如泣如 訴,鳳吟鸞吹。

"流魚出聽"一語見荀子《勸學》:"昔者瓠巴鼓瑟,而流魚出聽",意思是瓠巴彈奏的樂聲十分美妙,連魚兒也浮出水面傾聽。明代馮夢龍在《警世通言•杜十娘怒沉百寶箱》描述:"忽聽得歌聲嘹亮,鳳吟鸞吹,不足喻其美"。"鳳吟鸞吹"形容歌聲悦耳動聽,讓人心醉。

遊歷名山大川, 旖旎風光令人心曠神怡。寫遊記時, 以生動的成語描繪所見所聞, 文章會更引人入勝, 讓讀者恍如身歷其中。再看另一句子:

這裏山明水秀,湖平如鏡,水波不興。轉

一個彎,園林風光盡收眼底,樹木蒼翠, 曲徑通幽,別有天地。

宋代詞人蘇軾在《前赤壁賦》中以"清風徐來,水波 不興"描寫輕風吹拂、水面平靜的景色。"別有天地" 則形容眼前豁然開朗,另有一番景致。唐代詩人李 白在《山中問答》詩中就有"桃花流水窅然去,別有 天地非人間"的絕句。

妙善辭賦,行文自然如有神助,即使描寫細微 事物如一花一草,都生動有致,趣味盎然:

舅舅愛種花木,園裏花紅柳綠;隅角的 一株梅樹,疏影橫斜,暗香浮動,給人 清幽雅靜之感。

"疏影橫斜,暗香浮動"語出宋代林逋《山園小梅》 詩,意謂稀疏樹影斜落地上,空氣中飄浮着淡淡花香。短短兩句便把園中花香樹秀的景色描寫得淋漓 盡致,活靈活現。







#### 潮流下的"樣板人"

民政事務總署 一級法定語文主任楊靜儀

"再胖下去,他就會嫌我醜,不愛我了。"有一次在酒店吃自助餐,正當我專注於眼前美食,準備大快朵頤之際,耳邊忽地傳來這一句話。我抬頭向鄰桌瞄了一眼,那兒坐了兩位女士,看來不過是二十來歲。說話者眉清目秀,只是體態略胖。看她拿的盡是蔬菜、沙拉、水果等"減肥食物",讓我不禁慨嘆,在女性撐起半邊天的二十一世紀,"楚靈王女妇腰,而國中多餓人"的現象依然存在。

這位女士胖是胖了點,但說不上醜。倘若生於唐代的中國,又或文藝復興時期的西方國家,她會是公認的美人,但在非洲毛里塔尼亞,她離美人的標準還差很遠。毛里塔尼亞人認為女性愈胖愈美;生於富裕家庭的女孩自小會被送到增肥學校,每天只管進食。據說她們胖起來,才會找到好歸宿。

究竟怎樣才算是美呢?不同流派的哲學家對"美"有不同定義。唯物主義者認為美之為美,皆因有關的人或物擁有使之為美的性。人認為某人很美,正是因為那人的確等。人認為某人很美的特質。然而,儘管。人都是人為美,他人看來也許是醜的,我看之為美,他人看來也許是醜的,我看之為美,他人看來也許是醜的,都出於一己好惡,不免受主觀情感的判斷,都出於一己好惡,不免受主觀情感在右。正如美學大師朱光潛在《談美》中說:"朝人的觀點而言,事物都混然無別,善惡大的觀點而言,事物都混然無別,善惡大的觀點而言,事物都混然無別,善惡大的觀點而言,事物都混然無別,善語,

綜觀歷史,不同時代有不同的 審美標準。古羅馬人認為肥胖是 美,不論男女都愛吃得腦滿腸肥。 當時基督教正在萌芽,羅馬人視之 為異端。由於基督徒大都瘦弱乾 癟,為證明自己並非異教徒,古羅 馬人遂以肥胖為美,保持身形 肥碩。

在十五世紀,文藝復興運動由意大利擴展至整個歐洲,影響所及,對女性的審美標準也由"纖瘦高挑"回復到"雙頰豐腴、渾圓多肉",而這套審美標準在那個時期的畫作可見一斑,

例如達文西筆下的蒙羅麗莎及提香 的維納斯都是身材豐滿的美人。時至

今日,以瘦為美成為世界主流。不過,在 非洲貧窮國家,大部分人都在飢餓中掙扎, 與死亡搏鬥,相信沒有人會認為骨感是美, 相反肥胖才是美麗健康的象徵。在某些部 落,男人更以娶得肥美人為榮,而女人則以 增肥為目標。審美標準可說是特定時空的產 物,與當時社會的政治、文化及經濟背景息 息相關。

香港人愛穿歐美時裝,也全盤接受歐美 社會對女性的審美標準。曾幾何時,歐美服 裝品牌不斷在時裝展推出小碼,甚至"零碼" 時裝,穿上"零碼"時裝的"骨感美女"更成 為不少趕時髦女士爭相仿效的對象。現代女 性大都希望擁有纖瘦身材。在媒體宣傳及消 費廣告推波助瀾下,"減肥"熱潮方興未艾, 瘦身更成為變美的不二法門。有調查顯示, 香港不少女士因不滿意自己的體形而感到自 卑,也有人因減肥而飲食失調,有人更因而 患上厭食症。

愛美是人的天性。女為悦己者容,無可 厚非。然而,追尋美,不應囿於外表,還應

重視品德、操守等內在價值。人總有衰老的一天,但內在涵養卻會隨歲月增長而昇華。過分注重外表而忽略內涵修養,只會落得虛有其表,最終淪為潮流打造出來的"樣板人",被瞬息萬變的時尚洪流淹沒自我。

求美則不得美,不求美則美矣。

《淮南子•説山訓》



只要細心觀察,不難發現美無處不在。夕陽西下,滿天彩霞是美;賦詩詠詞,字字鏗鏘也是美;善良敦厚、樂於

施	予的人更美。以卜題目都是關於美麗的人和事,大家能否	6. 这一解答?請在空格內填寫答案:
<ul><li>2.</li><li>3.</li><li>4.</li></ul>	北宋晁補之名句"豆蔻梢頭春尚淺,嬌未顧,已傾城"中的豆蔻喻指什麼?	<ul> <li>6. "兩彎似蹙非蹙籠煙眉,一雙似喜非喜含情目"形容文學作品中哪位美人?</li></ul>
布奴音耶		資料寄回"香港金鐘道 66 號金鐘道政府合署高座 2310 室公務 有可獲書券一張,名額五個。答案及得獎者名單將於下期公 

#### Not-a-Mindboggler

Solution of Issue No. 46

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Issue No. 48 (June 2012): Creativity

二零一二年六月第四十八期主題:創意無限

Issue No. 49 (September 2012): Man and Nature

二零一二年九月第四十九期主題:人與自然

Contributions from colleagues are welcome. Please refer to Issue No. 42 for details.

歡迎同事投稿,細則請參閱第四十二期。

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